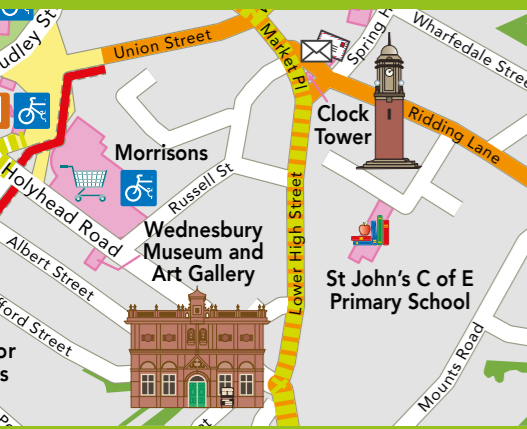


Walking and Cycling in Wednesbury

2024



Wednesbury Heritage Action Zone



The Wednesbury High Street Heritage Action Zone (HSHAZ) public realm works includes walking and cycling infrastructure improvements, which aim to improve people's physical and mental health and includes:

- Improving crossing points for pedestrians
- New cycle infrastructure, including more cycle parking
- Creating wider footways to encourage people to walk or cycle into the town centre
- Reducing the speed and amount of traffic passing through Market Place by introducing a one-way system and traffic calming to create a pleasant environment for pedestrians and cyclists.

Benefits of Active Travel

HELPS TO KEEP OUR AIR CLEANER

IT KEEPS US FIT AND HEALTHY

IT CAN HELP SAVE YOU MONEY AND TIME

IT HELPS US TO SOCIALISE AND MAKE NEW FRIENDS

WALKING FOR JUST 20 MINUTES A DAY SIGNIFICANTLY REDUCES YOUR CHANCES OF CATCHING A COLD OR THE FLU

www.healthysandwell.co.uk/active-travel/

Park & Stride

It may not be possible for you to walk all the way from your home to school, but there is the option of walking a least some of the way. Use this map to find somewhere quieter to park away from the school gates, you can then walk the rest of the way with your child or they can walk with other students.

Parking and striding is a great option because it:

- Reduces traffic congestion and air pollution around the school at drop off and pick up times
- Can often be quicker and less stressful than driving because you don't have to struggle to find a parking place, or get stuck in the traffic around the school
- Improves the health and fitness of everyone who walks
- Increases children's road safety awareness and sense of independence

Welcome to Wednesbury

Discover Wednesbury by bicycle or on foot using the many miles of cycling and walking routes shown on this map. Wednesbury's Museum and Art Gallery and Grade II Listed Clock Tower are highlighted, along with local schools and faith centres to help you find your way.

The marked walking times show you just how far you can travel in only a few minutes. Whether you're going shopping, to work or school, by choosing to leave the car at home you'll improve your health, save money and reduce local air pollution.

www.tfwm.org.uk/plan-your-journey

Find your #MoveMore

Call 0800 011 4656 or visit www.MoveMoreSandwell.co.uk



Modeshift STARS is the Centre of Excellence for the delivery of Effective Travel Plans in Education, Business and Residential settings. The scheme recognises schools, businesses and other organisations that have shown excellence in supporting cycling, walking and other forms of sustainable and active travel.

Is your school a Modeshift STARS school? Find out about the rewards for you at www.modeshiftstars.org/



Living Streets is a UK charity supporting everyday walking. Our mission is to achieve a better walking environment and to inspire everyone to walk more. One street, one school and one step at a time. Find out more at www.livingstreets.org.uk



SANDWELL MBC PARTNERSHIP

Improve Your Cycling Skills and Confidence

- Learn To Ride/Led Rides
Free and friendly organised cycle rides led by knowledgeable ride leaders.
- Group Rides
Join an organised ride locally with a community group. Meet and ride with like-minded people, share experiences and make new friends.
- Women only rides
Fun free bike rides for women of all abilities. If you are just looking to keep fit, or use cycling as a means of self-propelled transport then these sessions are for you!

www.letsride.co.uk

Road safety

Use this map to plan a safe route to work, school or the shops. How long is your journey going to take? Will you avoid main roads where air pollution is a lot worse? Manage your time wisely and always plan ahead to ensure a stress-free trip that means you can arrive on time.

To cross a road safely, follow the steps below. Give the road your full attention - do not be distracted by mobile phones, headphones or friends.

- Find a safe place to cross
- Stop behind the kerb
- Look in all directions
- Listen - bikes and electric cars are quiet
- Look out for emergency vehicles - they can move at speed
- Only cross when it is safe to do so - do not take any risks



Cycle Signs



Cycle Parking Signs



Cycle Checkpoints

Before getting on a bike, do these checks every time and ensure that your bike is safe to ride. Check the weather and road conditions before setting off and check frequently when out and about, to help ensure you have a safe journey.

www.sandwell.gov.uk/roads-travel-parking/cycling

Be Secure!
Always lock your bike frame and both wheels to an immovable object.

Lights are a must!
Bike lights boost your visibility to other road users - even during daylight hours.

What to wear!
Wear brightly-coloured clothing, a cycle helmet and gloves.

As Easy as ABC
Check your bike regularly.
A = air
B = brakes
C = chain

Key

- Advisory cycle routes
- Proposed cycle routes
- Traffic-calmed or 20mph zone
- Segregated cycle routes
- Open space off-road cycle routes
- Canal towpath, improved off-road routes
- Canal towpath, proposed improvements
- Cycle parking
- National Rail line and station
- Tram line and station
- Pedestrian area
- Important building
- Church
- Library
- Mosque
- Post Office
- School
- Supermarket

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