











## Domestic Abuse

This is a safe space to speak to a member of staff for help.

Black Country Women's Aid support women, men and children.

- Call the 24-hour helpline
  0121 552 6448
- Text or WhatsApp on 07384 466 181
  (9am-9pm weekdays)
- Call 999 in an emergency

If you are worried about your own behaviour towards others, call the Respect Phoneline 0808 8010 327.

For more information about help available in Sandwell, visit: www.sandwell.gov.uk/domesticabuse



